

23rd Annual  
**Celebrate! WEST HARTFORD**  
**5K ROAD RACE**



**Sunday, June 13**  
**9:30 am**

a "Step Up To Health" challenge



Mario Russo  
 Sharon Kim  
 Ed Draney



West Hartford Police



Officers' Association



**WHERE**

Whole Foods Market parking lot, 50 Raymond Road, West Hartford. Take Exit 43 off I-84, turn right at end of ramp, at traffic light turn left on Trout Brook, and head north to third traffic light. Turn left on Farmington Ave, and left again on Raymond Road.

**PARKING**

Free parking in Isham Garage opposite Whole Foods.

**COMPETITIVE COURSE**

Accurately measured flat scenic USATF certified 5K course #CT-89005-DR.

**FEE** (non-refundable) 5K Run: \$20 Kids Fun Run: \$5

**PRE-RACE PACKAGE PICK-UP-NEW THIS YEAR**

Friday, June 11th, 6pm-8pm or Saturday, June 12, 9am-Noon at Fleet Feet Sports, 1003 Farmington Avenue, West Hartford Center. 5K Runners may pick up shirt, d-chip, and race number. Registrations also accepted-cash or check only.

**REPORT ON RACE DAY - JUNE 13**

**5K Race:** Registration Tent in Whole Foods Market parking lot between 8:00 and 9:00 am race day registration.  
**Kids Fun Run:** Report 8:00 - 8:15 am.

Free tee-shirts to first 800 5K runners

**AWARDS for Competitive Divisions** (one award per person)

- Sherman Malley Memorial Trophy to 1st place overall.
- Fleet Feet Sports Trophy to 1st place female
- Don Lloyd Trophy to 1st place ages 65+
- Gift certificates valued at \$100 or more to 1st place overall female and male runners.
- Gift certificates valued at \$50 or more to 1st place overall West Hartford female and male runners.
- Gift certificates valued at \$30, \$25, \$20 or more for all other 1st, 2nd & 3rd place finishers in each division.

**RANDOM DRAWING-All 5K runners except winners**

- Ten gift certificates valued at \$25 or more (must be present)

**KIDS FUN RUN - 8:30 am** for children 10 & under!

Fee: \$5 per child. Fun Run begins at 8:30 am, 1/2 mile course. Registration on June 13 at Whole Foods at 8:00 am. Parent-signed waiver required. Medal for all participants!

**QUESTIONS? 860 - 561-7512**

E-mail:HelenRT@westhartford.org

**YOU'RE HELPING SEND A KID TO CAMP!**

Road Race Proceeds benefit the W.H. Leisure Services Scholarship Fund, which subsidizes summer camp, swimming lessons and other year-round recreational programs for needy children.



**REGISTRATION FORM**

5K Fee: **\$20** Kids Fun Run Fee: **\$5**

Pay by check, cash or charge.

No charges accepted on race day (cash or check only)

**Donations in excess of registration fee benefit WH Leisure Services scholarship fund & are tax deductible to the extent allowable by law.**

Check payable to: TOWN OF WEST HARTFORD Fees are non-refundable.

Charge to:  Visa  MasterCard Exp. Date: \_\_\_\_\_

# \_\_\_\_\_

Mail to: CELEBRATE! WEST HARTFORD 5K ROAD RACE  
 50 South Main Street, West Hartford CT 06107

(First Name)

(Last Name)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Day Telephone: (\_\_\_\_) \_\_\_\_\_ E-Mail: \_\_\_\_\_

Age on June 13, 2010 \_\_\_\_\_  MALE  FEMALE

**COMPETITIVE DIVISIONS**

- 10 & under  11-17  18-29  30-39  40-49  
 50-59  60-69  70+  Wheelchair

**NON-COMPETITIVE DIVISIONS**  Run/Walk  Run/Walker w/baby jogger

**KIDS FUN RUN**  (10 & under)

**WAIVER (MUST BE READ AND SIGNED BY REGISTRANT)**

I know that running or walking a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able, physically fit and sufficiently trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, the undersigned, intending to be legally bound for myself, my heirs, executors and administrators and anyone entitled to act on my behalf, waive and release the Town of West Hartford and all sponsors, officials and any and all groups, people, or facilities connected with the Celebrate! West Hartford 5K Road Race, their representatives and successors from all claim or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

SIGNATURE

DATE

PARENT'S SIGNATURE IF UNDER 18 YEARS OLD

DATE

**CELEBRATE! WEST HARTFORD - JUNE 12 & JUNE 13**

• Award Winning Arts & Crafts Show • International Food Court • Fabulous musical performances • Trolley, Pony & Rides • and More!

FREE ADMISSION! For details: [www.celebratwesthartford.com](http://www.celebratwesthartford.com)